



# Friday Flyer

Sand Point School  
Home of the **EAGLES**  
April 19, 2013  
edt. xx, issue 33

## Sunday

Gym Closed  
Library Closed  
Pool Closed

## Monday

9:00-10:00 a.m.- Elder Water Aerobics  
5:30-6:30 p.m.- Adult Aerobic Swim  
6:30-8:30 p.m.- Open Library & Lab  
6:30-8:00 p.m. - Gr. K-6 Open Gym  
8:00-9:30 p.m.- Gr. 7-12 Open Gym

## Tuesday

9:00-10:00 a.m.- Elder Water Aerobics  
5:30-6:30 p.m.- Family Swim  
6:30-7:30 p.m.- Open Swim  
6:30-8:30 p.m.- Open Library & Lab  
6:30-8:00 p.m.- Gr. K-6 Open Gym  
8:00-9:30 p.m.- Adult Basketball

## Wednesday

9:00-10:00 a.m.- Elder Water Aerobics  
5:30-6:30 p.m.- Adult Aerobic Swim  
6:30-7:30 p.m.- Open Swim  
6:30-8:30 p.m.- Open Library & Lab  
6:30-8:00 p.m.- Tiny-Tots Gym  
8:00-930 p.m. - Adult Gym

## Thursday

9:00-10:00 a.m.- Elder Water Aerobics  
5:30-6:30 p.m.- Family Swim  
6:30-7:30 p.m.- Open Swim  
6:30-8:30 p.m.- Open Library & Lab  
6:30-8:00 p.m.- Gr. K-6 Open Gym  
8:00-9:30 p.m.- Adult Basketball

## Friday

9:00-10:00 a.m.- Elder Water Aerobics  
5:30-6:30 p.m.- Adult Aerobic Swim  
6:30-7:30 p.m.- Open Swim  
6:30-8:30 p.m.- Open Library & Lab  
Gym Closed

## Saturday

5:30-6:30 p.m.- Minnow Swim  
6:30-7:30 p.m.- Open Swim  
6:30-8:30 p.m. - Open Library & Lab  
6:30-8:00 p.m. - Gr. K-6 Open Gym  
8:00-9:30 p.m. - Gr. 7-12 Open Gym

## A Message From The Principal



### More of...Happy Habits



9. Keep Learning -- Become a life long learner! Want to learn a new skill, or teach your kids one, but don't know where to start? Browse opportunities with local arts & non profits. Need career help? Be a volunteer - there are lots of opportunities right here in Sand Point.

In the last several years, psychologists and researchers have been discovering interesting data that suggests that there are things that certain people do that make them happy. They call the findings of these studies - positive psychology. I have been happy to share some of those finding with you the last several weeks.



### Dear Parents and Guardians,

### Music of the World

It is an exciting time of the year! On Thursday, April 25 at 6:00 PM, your child/children will be involved in Sand Point's Spring Concert! Whether they are singing or playing an instrument, please know that their attendance is expected! Since music is a performance-based activity, the final live performance in front of an audience is extremely important. Their presence is important and will play a major factor in their final grades.

Please take note that concerts are formal events and your children should dress appropriately. Please, please, please, please: no jeans, t-shirts, hoodies, or dirty shoes! All participants should dress the best they can that meets appropriate school dress codes. Please remind your children of this.

If you have any questions or concerns, please feel free to contact me via e-mail at [mbalangu@aebsd.org](mailto:mbalangu@aebsd.org).

Thank you.

Mr. Michael Balangu

Music Director

### THANK YOU! THANK YOU! THANK YOU!

Thank you for supporting the educational trip for the Close-Up of 2013 to Washington D.C. to learn about our Nation's Captiol and for the experience of 2 days in N.Y.!!

### Results for the prize money:

1st ticket drawn-Margaret/Jennifer Eubank \$100  
25th ticket drawn-Cromer Girls \$100  
50th ticket drawn-Mike Livingston \$100  
75th ticket drawn-Shirley Brown \$100  
100th ticket drawn-Carol Foster \$100  
125th ticket drawn-Carl Warner \$100  
150th ticket drawn-Merlise Cellero \$100  
175th ticket drawn-Amy Foster \$100  
200th ticket drawn-Dwain Foster Jr. \$100  
214th ticket drawn-PJ Brown \$500  
215th ticket drawn Grand Prize Winner-Carmen Dushkin \$10,000



## April

19th- Close Up Crew away until the 29th  
20th- Career Group Returns  
23rd- Gymnastics Show 5:30 @ school gym  
25th- Spring Concert 6 p.m. @ school gym

## May

8th- Graduation Night  
9th- Kindergarten Graduation  
11th- Prom Night-High School  
12th- Elementary Prom



### Gymnastics Performance Coming

Please join us for a gymnastics performance on Tuesday, April 23rd at 5:30pm. Gymnasts will perform in the school gym. This will give our students an opportunity to show you their new skills. Hope to see you there!

### THE POOL IS OPEN !!!!

Check the schedule at the top of the flyer.



### What's For Lunch ?

Monday: Spaghetti, Salad, Fresh Apples, Garlic Bread, Milk  
Tuesday: Ak Salmon Burgers, Potato Salad, Rolls, Fruit Cocktail, Milk  
Wednesday: Grilled Cheese, Baked Beans, Carrot Sticks, Peaches, Milk  
Thursday: Beef Curry, Rice, Carrots, Celery, Broccoli w/Dip, Apple Sauce, Milk  
Friday: Pizza, Coleslaw Fresh Oranges, Milk

### Lunch Purchasing Information

\*\*\*Please purchase your lunch cards at the school office. Lunches must be paid for in advance by purchasing a 10 meal or 20 meal card. Singles may also be purchased. Student lunches are \$3.50 each or \$0.40 for reduced price. Lunches cost \$5.00 each for Adults. (USDA is an equal opportunity provider and employer)



# The A.R. Book Worms are Busy Reading !!! Week 6 - Qtr 4

**25 %**

Keeley, Rowdy, Alena, Arlin, Ashton, Jesse, Mathew, Emmanuel, Alena, Kaiden, Saylor, Kyla, Julian, Ava, Landon, Morgan, Jill, Chloe

**50 %**

Julianne, Keira, Deven William, Faith, Chancellor Emily, Edmond, Boston Rowdy, Nathaniel, Josh Dick, Isaac, Vann, Lexus Acey, Alexia, Steven Paige, Devin

**75 %**

Mason, Madison, Carson Brooke, Zayra Savannah, Wolf Joseph, Payton Eugene, Surya Hawk, Kailey

**100 %**

Griffen, David, Eliana, Brittany Dantezza, Cathy Summer, Joshua F Faith, Lindsey Lila, Karl Anthony

**NYO** -- Play and games are an important part of any culture in the world. These activities grow out of peoples' customs, beliefs, and the need for physical activity. Games and play can be an excellent way to communicate and express oneself. The games that children involve themselves in at an early age can help determine and inspire personal growth. Native game objectives were developed to teach the young people skills and cultural values of their society, not of competition. These training programs evolved into the games we know today. According to Worl (1985), "These games were designed to allow the young men and women to develop strength and skills to conduct activities which contribute to the support of the tribal group. The games also stressed cooperation and communal values of tribal people".

source used for above information:

<http://www.ankn.uaf.edu/curriculum/NativeGames/athletes.html>

**Eskimo Stick Pull -- Madison & Jillian**



**Two Foot Kick -- Griffen**



**Alaskan High Kick -- Maynard**



## **NATIVE YOUTH OLYMPICS**

The 2013 NYO Meet was held yesterday in the Sand Point Gym. In all we had a great turn out of students this year with 14 students participating in NYO events during the season. It was great to have all the different students come out and compete in the events and have fun doing it. In the distance events we had Bobbi Duskin and Colten Mack doing the Seal Hop and the Wrist Carry. Bobbi did a great job and almost went all the way in the seal hop. Bobbi is a Senior and this was her last High School event. Thanks Bobbi for being a great leader in Cross-Country, Basketball and NYO. Colten did a great job in the wrist carry with Brett Stokes and KJ Wilson carrying him. Brett and KJ battled it out in the Eskimo and Indian Stick Pulls and it was fun to watch. In the girls events, Jillian Bjornstad and Madison Thompson were very close in the Eskimo Stick Pull with Jillian coming out on top. The girls also had a good time doing the Indian Stick Pull. In the girls One Foot High Kick, Dantezza did a great job in the one foot hitting 76 inches. We also had demonstrations from Maynard in the Alaskan High Kick, Griffen in the Two Foot and Brett in the One Hand Reach. The students going to State NYO are Jillian Bjornstad in the stick pulls and Dantezza Pangilinan in the kicking events. Thanks, everyone for coming and participating in all the events. Coach Lee